



*Sending our very best wishes  
for a fun-filled  
St. Patrick's Day Holiday Celebration!*

As a special St. Patrick's Day treat, Brigid would like to share her award winning Irish Soda Bread recipe with you and your family! Check out Brigid's instructional video on how to make her Irish Soda Bread, as well as a Tradition and a Blessing.

[Brigid's Irish Soda Bread - Instructional Video](#)

***The Recipe:***

4 cups of flour  
1 cup sugar  
1 tsp. Each, baking soda, baking powder  
1/4 tsp salt  
1/3 cup unsalted butter, (5 1/3 T)  
1 egg slightly beaten  
1 1/3 cup buttermilk\*  
2 cups raisins (soak raisins overnight)  
2 tablespoons butter (melted)  
3 tsp. sugar

Preheat oven to 350 degrees. Grease 9" baking pan.

Combine flour, sugar, soda, powder salt in a large bowl. Take butter and knead through flour mixture. In small bowl, lightly beat the egg and add buttermilk and raisins. Add the buttermilk mixture to the flour mixture. Stir or knead. Place in baking pan. Cut an X across the top of the loaf, and drizzle melted butter over bread. Sprinkle sugar over bread. Bake 40-60 minutes, until golden brown.

**Upcoming Events**

**March 16, 2018**  
**DCBA St. Patrick's**  
**Day Luncheon**  
Attorney Resource  
Center  
505 N County Farm  
Rd

**Full Irish Buffet**  
11:30 am - 1:30 pm

Special Performance  
by the  
**McNulty Irish**  
**Dancers**

[Register](#)

For more information:  
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\* (or add 1 T lemon juice or vinegar to milk to make 1 cup; let stand for 5 minutes)



### ***A Tradition...***

Every year, on the eve of St. Patrick's Day, leprechauns visit the home of all good Irish Boys and Girls. The leprechauns come, spreading their mischief and free spirits throughout the house. The Leprechauns are quick, they are in a hurry and they are racing to keep their pots of gold full!

Unbeknownst to the children, the pots are full of gold coins...usually chocolate filled, which spill everywhere the leprechauns scurry...In their haste to get to the rainbow, gold coins are scattered around and left for the children to find when they awake in the morning.

The spunky leprechauns may turn over coffee tables and chairs. Perhaps they toss a magazine or two on the floor during their escapades. Fortunately, the chaos they create is equal to the amount of energy either the children or Mom and Dad have to pick it all up!!!

### ***A Blessing...***

May the road rise to meet you,  
May the wind be always at your back  
May the sun shine warm upon your face,  
May the rains fall soft upon your fields  
And until we meet again,  
May God Hold you in the hollow of His Hand.

As the eldest child in an Irish-Catholic family of ten, Brigid began to develop her conflict resolution skills at an early age (out of necessity!) Today, Brigid offers mediation, collaborative law, arbitration and other alternative dispute and conflict resolution techniques in the legal field. She trains and teaches attorneys and mental health professionals how to approach our adversarial legal system in a way that will help clients deal with their difficult issues with tact, grace, and--when necessary--a bit of blarney!

***Wishing you and your family a spectacular St. Patrick's Day filled with magic and traditions!***

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