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# The Law Office of Brigid A. Duffield, P.C.



## ***Sending our very best wishes for a fun-filled St. Patrick's Day Holiday Celebration!***

Brigid grew up as the eldest child in an Irish-Catholic family of ten. Her conflict resolution skills began blossoming at a young age (out of necessity!) Brigid offers mediation, collaborative law, arbitration, and other alternative dispute and conflict resolution techniques in the legal field. She trains and teaches attorneys and mental health professionals how to approach the legal system in a way that helps clients deal with their difficult issues with tact, grace, and--when necessary--a bit of blarney!

To help make your St. Patrick's Day special, Brigid would like to share her award winning Irish Soda Bread recipe with you and your family!

### *The Recipe:*

### ***Check out Brigid's [instructional video](#) on how to make her Irish Soda Bread!***

4 cups of flour  
 1 cup sugar  
 1 tsp. Each, baking soda, baking powder  
 1/4 tsp salt  
 1/3 cup unsalted butter, (5 1/3 T)  
 1 egg slightly beaten  
 1 1/3 cup buttermilk\*  
 2 cups raisins (soak raisins overnight)

## **Upcoming Events**

### ***DCBA St. Patrick's Day Luncheon***

*Friday*

**March 17, 2017**

12:00 pm- 2:00 pm

Cooper's Corner  
(The Former Viking!)

*Featuring*

***Irish Tenor Gavin Coyle  
& McNulty Irish Dancers***

27W150 Roosevelt Rd  
Winfield, IL

*for more info and to register*

[www.dcba.org/event/celtic](http://www.dcba.org/event/celtic)

630-653-7779

### ***Midwest Shelter for Homeless Vets 10-Year Anniversary Gala***

*Sunday*

**April 30th, 2017**

4:00 pm - 8:00 pm

Arrowhead Country Club  
in Wheaton.

*for more info and tickets  
contact*

Jane at the Midwest Shelter  
630- 871-8387

<http://www.helpaveteran.org/>

### ***2017 Dancing with the Starz Benefit Gala***

*Saturday*

**May 13, 2017**

6:00 pm - 12:00 am

Abbington Banquets  
in Glen Ellyn

*for more info contact  
630-620-0804*

2 tablespoons butter (melted)  
3 tsp. sugar

Preheat oven to 350 degrees. Grease 9" baking pan.

Combine flour, sugar, soda, powder salt in a large bowl. Take butter and knead through flour mixture. In small bowl, lightly beat the egg and add buttermilk and raisins. Add the buttermilk mixture to the flour mixture. Stir or knead. Place in baking pan. Cut an X across the top of the loaf, and drizzle melted butter over bread. Sprinkle sugar over bread. Bake 40-60 minutes, until golden brown.

\* (or add 1 T lemon juice or vinegar to milk to make 1 cup; let stand for 5 minutes)



### **A Tradition...**

Every year, on the eve of St. Patrick's Day, leprechauns visit the home of all good Irish Boys and Girls. The leprechauns come spreading their mischief and free spirits throughout the house. The Leprechauns are quick, they are in a hurry, and they are racing to keep their pots of gold full!

Unbeknownst to the children, the pots are full of gold coins...usually chocolate filled, which spill everywhere the leprechauns scurry...In their haste to get to the rainbow, gold coins are scattered around and left for the children to find when they awake in the morning.

The spunky leprechauns may turn over coffee tables and chairs. Perhaps they toss a magazine or two on the floor during their escapades. Fortunately, the chaos they create is equal to the amount of energy either the children or Mom and Dad have to pick it all up!!!

### **A Blessing...**

May the road rise to meet you  
May the wind be always at your back  
May the sun shine warm upon your face  
May the rains fall soft upon your fields  
And until we meet again,  
May God Hold you in the hollow of His Hand.

**The DuPage Family Center  
is looking for part time  
mediators  
for more information contact  
Judy Hart  
630-880-6601  
<http://www.dupageco.org/>**

*My wife and I periodically try to engage in a "complaining fast." For a week at a time, we try to refrain from all whining and complaining. . . doing so makes it easier to become conscious of things that are going well in life.*

**Rabbi Joseph Telushkin  
The Book of Jewish Values**



***Wishing you and your family a spectacular St. Patrick's Day filled with magic and traditions!***

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